



# Palliative Care VS End of Life Care



## Palliative Care



## End of Life Care

Definition

Palliative care is an approach that improves the quality of life of patients (adults and children) and their families who are facing problems associated with life-limiting (terminal) illness

End of life care is a specialist form of palliative care received when you're close to the end of life

Diagnosis

Palliative care can be offered at any point after a life-limiting (terminal) diagnosis where there is no life expectancy limit

End of life care is received when life expectancy is less than 12 months

Treatment

Palliative care is a holistic care philosophy which offers physical, emotional and practical support. The aim is to mitigate any symptoms, pain and stress people with a life-limiting (terminal) illness may face, in an effort to improve their quality of life

End of life care focuses on increasing comfort, and reducing suffering, whilst also encompassing methods to help the person die with dignity and in keeping with their wishes. Patients and their loved ones will be supported through the transition to end of life care

Location

Treatments can be provided at home, in hospital, a care or nursing home or in Hospice

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Team

The professionals involved in care delivery will depend on what sort of care and support you need. It may include your GP or community nurse, and may involve specialist palliative care providers such as occupational therapists or physiotherapists

The professionals involved in care delivery will depend on where you are based. This could include staff in a hospital, community nurses, healthcare assistants or hospice staff, as well as social care staff and chaplains

